THANOOJA SABJAN

M.Pharm (Pharmacology) | Pharmacovigilance | Regulatory Affairs | Clinical Research | QA/QC



M.Pharm (Pharmacology) graduate with practical pharmacy experience in prescription review, drug interaction screening, and medication error prevention. Published three research papers on drug-induced toxicity and plant-based therapeutics. Skilled in drug safety, documentation, and quality checks, with foundational knowledge of pharmacovigilance, regulatory compliance, and clinical research. Available immediately in the UAE.

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CORE COMPETENCIES

Drug Safety and Pharmacovigilance | Prescription Screening and Verification | Drug Interaction and Dosage Review | Toxicology | Regulatory Compliance and Documentation | Clinical Research Fundamentals | Inventory Control and Expiry Monitoring

WORK EXPERIENCE

Pharmacist

Med Line Pharmacy & Surgical

Nov 2025 – June 2026 — *Alappuzha, Kerala*

Achievements/Tasks

- Verified prescriptions and dispensed medicines in line with professional and regulatory standards.
- Screened prescriptions for drug interactions, dosage concerns, and potential medication errors.
- Carried out expiry monitoring, stock rotation, and product quality checks.
- Maintained dispensing records and documentation for regulatory and operational purposes.
- Supported safe and appropriate use of medicines through pharmacology knowledge.
- Assisted in inventory control and ensured availability of quality products.

Full-Time M.Pharm (Pharmacology) Studies and Research

2023–2025

Achievements/Tasks

- Completed a nephroprotective research project on Dimocarpus longan seed extract against gentamicin-induced renal damage.
- Conducted scientific literature reviews and preclinical research.
- Published three papers on drug-induced toxicity and plant-based therapeutics.
- Applied pharmacology and toxicology knowledge to research design and evaluation.
- Documented research findings and prepared manuscripts for publication.
- Presented research insights at academic and professional forums.

Pharmacist

Care Medicals

Sep 2022 – Nov 2023 — *Alappuzha, Kerala*

Achievements/Tasks

- Dispensed medicines after prescription verification, following professional and regulatory standards.
- Reviewed prescriptions for drug interactions, dosage concerns, and medication safety issues.
- Kept accurate records and documentation; monitored expiry dates and rotated stock.
- Applied pharmacology knowledge to support safe and appropriate use of medicines.
- Assisted in product quality checks and inventory control.
- Supported medication error prevention through careful prescription screening.

Intern Pharmacist

VPS Lakeshore Hospital

Mar 2021 – Apr 2021 — *Kochi, Kerala*

Achievements/Tasks

- Assisted in prescription review and dispensing under supervision.
- Observed drug interaction screening and medication safety practices.
- Supported documentation and record keeping in a hospital setting.

- Participated in quality checks and inventory monitoring.
- Gained exposure to clinical pharmacy and patient safety processes.
- Applied pharmacology knowledge in a hospital pharmacy environment.

EDUCATION

Master of Pharmacy (Pharmacology) — 2023–2025
Kerala University of Health Sciences, St. Joseph's College of Pharmacy, Cherthala
Bachelor of Pharmacy — 2017–2022
Kerala University of Health Sciences, KVM College of Pharmacy, Cherthala
Higher Secondary — 2015–2017
Govt. of Kerala, St. Joseph's GHSS, Alappuzha
SSLC — 2014–2015
Govt. of Kerala, St. Joseph's GHSS, Alappuzha

RESEARCH AND ACADEMIC PROJECTS

- **M.Pharm Research:** Evaluation of the Nephroprotective Potential of Dimocarpus longan Seed Extract Against Gentamicin-Induced Renal Damage.
- **B.Pharm Project:** Formulation and Evaluation of Herbal Shampoo Containing Natural Extracts.

PUBLICATIONS

- Gentamicin-Induced Nephrotoxicity and the Protective Role of Medicinal Plants. IJRAR, 2025.
- Botanical Interventions in Liver Health: Experimental Insights into Plant-Based Hepatoprotective Agents. IJNRD, 2025.
- Exploring the Therapeutic Potential of Plumbago auriculata: A Comprehensive Review. IJRAR, 2025.

SYMPOSIA AND WORKSHOPS

- International Symposium Pharma Excel Bioclin-2025 (Biopharmaceutics and Clinical Pharmacy), St. Joseph's College of Pharmacy, April 2025.
- National Symposium and Panel Discussion "MEDI CHOICE", St. Joseph's College of Pharmacy with KPGA and APTI, November 2023.
- Workshop on "Interpretation of NMR Spectra of Organic Compounds", St. Joseph's College of Pharmacy, December 2023.
- Seminar, CHEMWISSENAIRE'20 "Crafting Ideas of Green and Sustainable Technologies for Modern Drug Design", KVM College of Pharmacy, February 2020.

PROFESSIONAL SKILLS

- Drug Safety: drug interaction and dosage review, prescription screening, medication error prevention, safety assessment
- Research: scientific literature review, preclinical research (nephroprotective study), three published papers
- Compliance and Documentation: prescription verification to regulatory standards, record keeping, documentation
- Quality and Inventory: expiry monitoring, stock rotation, product quality checks, inventory control
- Pharmacology: pharmacology and toxicology, herbal formulation and evaluation
- Basic Knowledge: QA/QC, regulatory compliance, clinical research fundamentals
- Tools: MS Office

LANGUAGES

- English
- Hindi
- Malayalam

VISA DETAILS

Visa Status: Spouse Visa