

RAMEES VK

Physiotherapist (BPT, MPT)

Dubai, UAE

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DHA LICENSE — Licensed Physiotherapist



PROFESSIONAL SUMMARY

Dedicated and compassionate Physiotherapist with over two years of clinical experience in musculoskeletal, neurological, cardiopulmonary, geriatric, and palliative rehabilitation. Experienced in **prevention, clinical assessment and functional diagnosis, evidence-based treatment, manual therapy, therapeutic exercise, pain management, and individualized rehabilitation planning**. Skilled in patient-centred rehabilitation, prevention education, self-management strategies, outcome monitoring, and progression of treatment based on clinical findings and functional goals.

CORE SKILLS

- Preventive Physiotherapy & Patient Education • Clinical Assessment & Functional Diagnosis
- Evidence-Based Treatment & Rehabilitation Planning • Manual Therapy
- Musculoskeletal Assessment • Neurological Rehabilitation
- Cardiopulmonary Rehabilitation • Pain Management
- Therapeutic Exercise Prescription • Dry Needling
- Cupping Therapy • Taping Techniques
- Gait Training • Clinical Documentation

PROFESSIONAL EXPERIENCE

Physiotherapist – Cee Yam Hospital, Vadakara (Dec 2025–Sep 2026)

- Conduct patient assessments and develop individualized treatment plans based on clinical findings.
- Provide orthopedic, neurological, and medical rehabilitation using evidence-based physiotherapy approaches.
- Educate patients regarding prevention, posture, home exercise programs, and self-management.

Physiotherapist – Asraya Health Assistance & Rehabilitation Trust (Jul 2025–Dec 2025)

- Treated neurological and musculoskeletal patients through individualized rehabilitation programs.
- Provided gait training and balance rehabilitation.
- Maintained clinical documentation and monitored functional progress.

Physiotherapist – Finecare Palliative Care (Dec 2023–Jul 2025)

- Delivered palliative physiotherapy and functional rehabilitation.
- Managed chronic pain and mobility-related impairments.
- Educated patients and caregivers on safe mobility, exercise, and self-management.

EDUCATION

Master of Physiotherapy (MPT), Rajiv Gandhi University of Health Sciences (2026)

Bachelor of Physiotherapy (BPT), Rajiv Gandhi University of Health Sciences (2023)

CERTIFICATIONS & PROFESSIONAL MEMBERSHIPS

- **DHA Licensed Physiotherapist**
- Member, Indian Association of Physiotherapists (IAP)
- Member, Sports and Fitness Federation of India
- Certified in Dry Needling Techniques
- Certified in Diversified Cupping Techniques
- Hands-on Workshop on Advanced Manual Therapy (Spine, Upper & Lower Extremity)
- Mangalore PhysioCon 2022 – International Physiotherapy Conference

LANGUAGES

English, Malayalam, Hindi, Tamil