

# WILMA PRIYA TELLIS

DHA Registered Staff Nurse

I am a dedicated registered nurse with over nine years of diverse clinical experience across dermatology, medical-surgical, and hospital settings. My nursing practice is built upon a genuine passion for patient care, where I combine clinical expertise with compassionate communication to create meaningful connections with patients and their families. I thrive in fast-paced environments that demand sharp critical thinking, independent judgment, and the ability to integrate complex medical information into effective care plans. I believe nursing extends beyond technical procedures—it is about listening attentively, understanding individual needs, and delivering care that respects each patient's dignity and well-being. Currently seeking a staff nurse position where I can contribute my skills while continuing to grow professionally and stay current with evolving healthcare practices.



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 Dubai, UAE

 LinkedIn

## PROFESSIONAL SKILLS

Clinical assessment & critical thinking   Medication administration & dosage calculation   Time management & organizational planning  
Electronic medical records and documentation   Patient advocacy and counseling   Emergency response and first aid   Microsoft Excel  
Multidisciplinary collaboration   Multilingual communication   Oracle applications

## WORK EXPERIENCE

### Registered Nurse / Head Nurse

#### Dermatology Department

2023 – Present

Dubai, UAE

##### Key Responsibilities

- Assist dermatologists in performing advanced aesthetic and medical procedures including Botox, dermal fillers, face lifting, acne treatments, and collagen thread insertions.
- Administer intravenous infusions of multivitamin therapies and intramuscular injections, ensuring safe delivery and monitoring patient responses throughout treatments.
- Perform blood withdrawal for platelet-rich plasma (PRP) procedures and assist in endolift, mesotherapy, and derma pen treatments with strict adherence to safety protocols.
- Educate patients on post-procedure skincare routines, treatment expectations, and long-term maintenance to promote optimal outcomes and patient satisfaction.
- Maintain meticulous and accurate patient records by charting all treatment processes, medication administration, and procedural details in compliance with DHA regulations.
- Oversee nursing staff schedules, coordinate shift assignments, and manage inventory by placing timely orders for medical equipment and clinical supplies.

### Registered Staff Nurse

#### Medical-Surgical Department

2019 – 2022

Dubai, UAE

##### Key Responsibilities

- Monitored patients' vital signs, intake and output levels, and blood glucose readings, promptly identifying and reporting any deviations to the medical team.
- Administered medications via intravenous, subcutaneous, intradermal, intramuscular, and oral routes as prescribed, ensuring accurate dosage and patient safety.
- Established intravenous access for blood sample collection and performed blood transfusions following strict infection control protocols and institutional guidelines.
- Assisted patients with daily living activities including bathing, dressing, mobility, and personal hygiene, promoting comfort and preserving dignity during recovery.
- Provided nasogastric tube feeding and managed IV lines, catheters, and tubing systems with close observation to ensure proper function and prevent complications.
- Educated patients and families on disease processes, treatment plans, medication regimens, and post-discharge care to support informed decision-making and continuity of care.

**Registered Staff Nurse**  
**Medical-Surgical Department**

2017 – 2019

Dubai, UAE

*Key Responsibilities*

- Assessed patient conditions by establishing therapeutic rapport with individuals and families, identifying care requirements, and addressing physical and emotional needs.
- Collaborated with physicians during patient rounds to discuss treatment progress, adjust care plans, and ensure coordinated multidisciplinary approaches.
- Administered prescribed oral and injectable medications while meticulously documenting all procedures and patient responses in medical records.
- Collected laboratory specimens and monitored patient vitals, facilitating timely diagnostic testing and treatment adjustments.
- Cultivated a compassionate care environment by providing emotional, psychological, and spiritual support to patients, friends, and families throughout challenging health journeys.
- Resolved patient concerns by utilizing multidisciplinary team strategies and coordinating with healthcare support personnel to address complex needs.

**Registered Staff Nurse**  
**A.J. Hospital Research Centre,**

2014 – 2015

Mangalore, India

*Key Responsibilities*

- Administered medications and implemented pain management protocols in accordance with individualized patient care plans and physician directives.
- Performed clinical procedures including intravenous cannulation, urinary catheterization, nasogastric tube insertion, blood sample collection, and surgical dressings.
- Conducted rigorous patient monitoring by regularly checking and recording vital signs, ensuring optimal patient comfort and timely intervention when required.
- Coordinated patient care activities in alignment with established policies and procedures, maintaining high standards of nursing practice and patient safety.
- Supported patients before and after surgical procedures through comprehensive pre-operative preparation and post-operative nursing management.

**EDUCATION**

**Bachelor of Science in Nursing**

Nitte Usha Institute of Nursing Science, Deralakatte, Mangalore, India | 2010 – 2014

**Pre-University Education**

Holy Rosary Composite P.U. College, Moodbidri, India | 2008 – 2010

**Secondary Education**

Government High School, Hosabettu, India | Karnataka Secondary Education Examination Board, Bangalore

**CORE COMPETENCIES**

- **Clinical Excellence:** IV cannulation, medication administration (IV, IM, SC, ID, PO), NG tube insertion, urinary catheterization, blood transfusion, PRP preparation, wound care, surgical dressings
- **Patient Care:** Comprehensive patient assessment, vital signs monitoring, pre and post-operative nursing management, patient and family education, pain management, end-of-life care
- **Aesthetic Nursing:** Dermatological procedure assistance, Botox and filler administration support, mesotherapy, collagen threads, face contouring, acne treatment
- **Safety & Compliance:** DHA regulations, infection control protocols, medication storage and administration, controlled substance regulations, patient safety standards
- **Leadership:** Nursing staff scheduling, inventory management, equipment ordering, team coordination, mentorship

**PERSONAL DETAILS**

- **Date of Birth:** 30th August 1992
- **Nationality:** Indian
- **Religion:** Roman Catholic
- **Gender:** Female
- **Marital Status:** Married
- **Passport Number:** N8466040
- **Languages Spoken:** English, Hindi, Kannada, Malayalam, Konkani, Tulu