



VENKATESH KM

+971545471137 • Venkateshmuruganphysio@gmail.com

DHA ID:17802236

Physiotherapist

DHA Licensed Physiotherapist with extensive experience across neurology, orthopedics, cardiology, geriatrics, and obstetrics & Gynecology and pediatrics. Proficient in assessing conditions, developing individualized treatment plans, post-surgery rehabilitation and implementing therapeutic programs to restore function, mobility, and relieve pain. Proven leader in hospital operations and multidisciplinary rehabilitation teams, committed to patient education, evidence-based treatments, and accurate documentation in compliance with DHA regulations.

WORK EXPERIENCE

Senior Physiotherapist

KIRUBA MULTISPECIALITY HOSPITAL-Coimbatore, *Tamilnadu* 2024 - 2026

- Served as Center Head, over seeing hospital operations and staff 2020-2022
- Provided patient-centered physiotherapy care, developing and implementing tailored treatment plans.
- Managed diverse caseloads, focusing on restoring function, mobility, and pain relief.
- Led and managed a team of physiotherapists and participated in health awareness campaigns.
- Maintained accurate documentation and collaborated with multidisciplinary teams.

INTERNSHIP EXPERIENCE

ONECARE & ORTHO ONE MULTISPECIALITY HOSPITAL-Coimbatore, *TamilNadu* Jan-Mar 2020

- Gained practical experience in Neurology, ortho paedic and Cardiology rehabilitation.

GANGA MEDICAL CENTRE & HOSPITAL-Coimbatore, *TamilNadu* Mar-Apr 2022

- Focused on rehabilitation in Rheumatology, Sports injuries, Burns & plastic surgery rehabilitation including post-surgery rehabilitation.

APOLLO SPECIALTY HOSPITAL-Tiruchirappalli, *TamilNadu* Apr-May 2020

- Focused on rehabilitation in Pediatrics, Geriatrics, and obstetrics & Gynecology.

CHERRAAN'S INSTITUTE OF HEALTH & SCIENCE-Coimbatore, *TamilNadu* Nov-Dec 2019

- Completed an internship in Physiotherapy & Rehabilitation.

EDUCATION

Bachelor of Physiotherapy (B.P.T) 2019

THE TN DR.M.G.R MEDICAL UNIVERSITY

Cherraan's Institution of Health and Science

Master of physiotherapy (cardio respiratory)

2024

THE TN Dr.M.G.R MEDICAL UNIVERSITY

Cherraan's Institution of Health and Science

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RESEARCH EXPERIENCE

Postgraduate research

Effects of thoracic extension exercise versus kinesiology taping combined with diaphragmatic breathing exercises on thoracic kyphosis correction and improvement of lung capacity.

Undergraduate research

Comparative study on the effectiveness of maitland mobilization and strengthening exercises with postural correction in managing of pain and ROM in patients chronic low back pain.

SKILLS

- **Hospital Specialties:** Neurology, Orthopaedic, Pediatric, Cardio Respiratory, Geriatrics, Gynecology, Rheumatology, Sports Injuries, Joint & Spinal Problems, Post-surgery Rehabilitation & soft tissue manipulation care.
- **Therapeutic Techniques:** Manual Therapy, Electrotherapy, Pain Management, Exercise Programs, Functional Rehabilitation, Individualized Care.
- **Patient Management:** Assessment, Diagnosis, Treatment Planning, Progress Monitoring, Patient Education, Injury Prevention.
- **Hospital team & Leadership:** Center Head, Team Leadership, Health Campaigns, QMS, Documentation, Collaboration.
- **Compliance & Safety:** DHA Regulations, International Guidelines, Safe Work Environment.
- **Advanced manual therapy techniques** in physiotherapy.

CERTIFICATIONS&WORKSHOPS

- Certified dry needling & electrical dry needling
- Certified chiropractic & osteopathic manipulation
- Certified IASTM (Basic & Advanced)
- Certified kinesiology taping
- Certified MFR & Trigger point release
- Certified strength and conditioning
- Certified cupping therapy
- Basic Life Support (CME)
- Anti-Natal and Post-Natal Exercise Program

PERSONAL DETAILS

- **Date of birth** : 15/06/1998
- **Age/Gender** : 28/MALE
- **Nationality** : indian

REGISTRATIONS

Indian Association of Physiotherapists(IAP) - Reg No: L60857

LANGUAGES

Tamil-Native

English – Fluent

Hindi-Basic

Malayalam-Basic