

THAHEERA BEEGUM

DHA Registered Nurse | Medical-Surgical & Emergency Nursing | Patient Care Specialist
Dubai, UAE (Spouse Visa) | Available for Immediate Joining | +971 56 463 0495 | thaheerabeegum18@gmail.com

PROFESSIONAL SUMMARY

DHA-eligible Registered Nurse with hands-on clinical experience delivering high-quality patient care in a NABH-accredited multispecialty hospital. Skilled in medical-surgical nursing, patient assessment, medication administration, emergency response, infection prevention, and multidisciplinary care coordination. Experienced in managing patients with acute and chronic medical conditions while maintaining high standards of patient safety, documentation, and evidence-based nursing practice. Holds valid DHA Eligibility, Kerala Nursing Registration, ACLS, and BLS certifications. Committed to providing patient-centered care and contributing to improved clinical outcomes within dynamic UAE healthcare environments.

CORE COMPETENCIES

- Patient Assessment and Monitoring
- Medical-Surgical Nursing
- Direct Patient Care
- Medication Administration
- IV Therapy and IV Cannulation
- Blood Transfusion Management
- Wound Care and Dressing
- Urinary Catheterization
- Peripheral and Central Line Management
- Infection Prevention and Control
- Patient Safety and Risk Management
- Emergency and Trauma Response
- Clinical Documentation
- Admission and Discharge Coordination
- Care Planning and Case Management
- Patient and Family Education
- Multidisciplinary Team Collaboration
- Clinical Decision Making
- Time Management
- Healthcare Ethics and Confidentiality

PROFESSIONAL EXPERIENCE

Staff Nurse – General Medicine and Emergency Department

EMS Memorial Cooperative Hospital and Research Institute, Perinthalmanna, Kerala, India | Sep 2025 – May 2026
NABH Accredited | ISO 9001:2015 Multi-Superspecialty Hospital

- Delivered comprehensive nursing care to patients with acute and chronic medical conditions in a high-volume General Medicine unit.
- Conducted detailed patient assessments, monitored vital signs, and identified changes in patient condition for timely clinical intervention.
- Administered medications safely through IV, IM, SC, oral, and rectal routes in accordance with medication safety protocols.
- Performed IV cannulation, urinary catheterization, blood transfusions, specimen collection, fluid administration, and ongoing IV therapy management.
- Managed peripheral intravenous access and assisted with the care and maintenance of central venous lines.
- Provided wound care, dressing changes, and post-procedural nursing interventions according to evidence-based practices.
- Coordinated individualized nursing care plans in collaboration with physicians, physiotherapists, dietitians, and other multidisciplinary healthcare professionals.
- Educated patients and families on disease management, medications, treatment plans, preventive healthcare, and discharge instructions.
- Managed approximately 23 patients per shift within a 23-bed General Medicine unit, ensuring continuity of care and patient safety.
- Handled patient admissions, discharges, transfers, and accurate inpatient medical documentation.
- Responded promptly to emergency situations, trauma cases, and code events, supporting critical patient stabilization.
- Maintained strict compliance with infection prevention protocols, hospital policies, patient confidentiality, and quality standards.

CLINICAL TRAINING

Clinical Training – Emergency, General Medicine and Surgery Departments (6 months)

Government Medical College Hospital, Thrissur, Kerala, India

LICENSES AND CERTIFICATIONS

- DHA Registered Nurse (Eligibility) – Dubai Health Authority – Eligibility ID: 03700548-RNTO312-1
- Kerala Nurses and Midwives Council – Registration No. KL03202506240
- Advanced Cardiovascular Life Support (ACLS) – American Heart Association – Valid until May 2028
- Basic Life Support (BLS) – American Heart Association – Valid until May 2028

EDUCATION

Bachelor of Science (B.Sc.) in Nursing

SIMET College of Nursing, Malampuzha, Palakkad, Kerala, India | 2020 – 2025

Affiliated to Kerala University of Health Sciences (KUHS)

RESEARCH PROJECT

Undergraduate Nursing Research Project

A Study to Evaluate the Effectiveness of a Structured Teaching Programme on Awareness of Government Healthcare Schemes Among B.Sc. Nursing Students in Selected Nursing Colleges, Palakkad.

- Conducted an academic research project evaluating educational interventions to improve awareness of government healthcare schemes among undergraduate nursing students.
- Performed literature review, data collection, data analysis, interpretation of research findings, and preparation of the final research report.
- Strengthened knowledge of evidence-based nursing practice, health education strategies, research methodology, and statistical analysis.

KEY ACHIEVEMENTS

- Provided safe, compassionate, and evidence-based nursing care within a NABH-accredited multispecialty hospital.
- Recognized for maintaining accurate clinical documentation and adherence to patient safety protocols.
- Demonstrated effective multidisciplinary collaboration to support positive patient outcomes.
- Managed high patient volumes efficiently while maintaining quality standards and individualized patient care.
- Recipient of the Rajya Puraskar Award, Bharat Scouts and Guides.
- Active member of the Aathuram Nursing Foundation.

TECHNICAL SKILLS

- Electronic Patient Documentation
- Vital Signs Monitoring
- Medication Calculation and Administration (IV, IM, SC, Oral, Rectal)
- Sample Collection and Fluid Therapy
- Clinical Assessment and Emergency Nursing Care
- Leadership, Team Collaboration, and Critical Thinking
- Patient Care Coordination

LANGUAGES

English | Malayalam | Hindi | Tamil

ADDITIONAL INFORMATION

Visa Status: Spouse Visa (Dubai, UAE) | Available for Immediate Joining