



# REUBEN JOHN VILLAROSA SANTOS

## PROFILE

A self-driven and goal oriented professional nurse who is committed to quality patient care and excellence in service delivery. A fast-learner who appreciates learning opportunities for self-development and growth.

## CONTACT

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**CURRENT ADDRESS:**  
Flat 22, Building 3945, Road 2158, Block  
Number 321, Kingdom of Bahrain

**PERMANENT ADDRESS:**  
No. 10 A. Luna St. Barangay Quirino,  
Solano, Nueva Vizcaya, Philippines

## PERSONAL DATA

🏠 Age: 36  
🏠 Citizenship: Filipino  
🏠 Birthday: January 20, 1989  
🏠 Status: Single

## LANGUAGES

🏠 English (Fluent)  
🏠 Filipino (Fluent)  
🏠 Arabic (Basic)

## HIGHLIGHTED SKILLS

🏠 Urgent Care Nursing  
🏠 COVID swab sampling  
🏠 Attending to patient's activities of living  
🏠 Customer Service  
🏠 Sales/Marketing  
🏠 Leadership and Supervision  
🏠 Microsoft Office Applications  
🏠 Hosting, Singing

## REGISTRATIONS

**Registered Nurse**  
**Professional Regulations Commission (Philippines)**  
License No. 0771341  
Dataflow Case Reference No. N006 – 2301-1368302  
**General Nurse**  
**National Health Regulatory Authority (Bahrain)**  
License No. 11322525

## WORK EXPERIENCE

### Staff Nurse

#### Bahrain National Guard/Out-Patient Department Clinic

Sakhir, Kingdom of Bahrain

Hospital no. of Bed: 20

November 26, 2024 - Present

#### Main Responsibilities:

- As the first point of contact, assesses patients to determine the urgency of their health needs, whether for routine check-ups or urgent medical issues.
- Perform comprehensive assessments, including taking vital signs, reviewing patient histories, and conducting physical exams.
- Administer prescribed medications, vaccinations, and treatments according to established protocols.
- Monitor patient status, interpret test results, and watch for any adverse reactions to treatments.
- Trained to respond to emergencies by stabilizing and treating patients with critical injuries or medical conditions, in both combat and non-combat situations.
- Initiate referrals to specialists, either within the military health system or to external providers, for further evaluation or treatment.
- Maintaining accurate and detailed patient medical records in the military's electronic health record system is a core

responsibility. This includes updating charts, documenting care plans, and recording patient progress.

- Manage patient appointments and coordinate patient flow through the OPD.
- Participate in reviewing and evaluating the quality of care provided in the department to ensure that it meets military and professional standards.
- Monitor and maintain the stock of clinic equipment and medical supplies.
- Educate service members and their families on health maintenance and disease prevention, explain treatment plans, medication compliance, and potential side effects to patients.
- For discharged patients, provide instructions for follow-up care and any necessary at-home procedures.
- Conduct health assessments to ensure personnel are fit for duty and deployment.
- Provide mental health support and counseling to service members, who may be dealing with stress, trauma, or other psychological issues.
- Act as patient advocates, ensuring that the service member's medical needs and rights are addressed within the military health system.

- May include leading medical teams and providing training and supervision to junior medical staff.

### **General Nurse**

#### **Ward 5 Nursing Department / 24 Hours Clinic (Urgent Care)**

Al Kindi Hospital (Zinj, Bahrain) **JCI Accredited**

Hospital No. of Beds:27

September 20, 2021 – October 17, 2024

#### **Main Responsibilities:**

- Provides patient care which includes recording of vital signs.
- Assists with procedures and documentation.
- Assist patients in the performance of activities of living and care support duties and any other relevant duties as required by the RN.
- Handles the admission and discharge paperwork, explaining it to the patient and their family/caregiver, and answering any questions they may have.
- Assessing patients, provide bed side care, medication administration, collaborating with the medical teamPrepari pasien fo examinatio usin medic equipme
- Educating patients about their illness, providing specialised care, providing support to patients
- Registering and performing RT-PCR and Rapid Antigen Test for patients

**Staff Nurse****Jancor Diagnostics and Medical Inc.**

December 1, 2015 – December 30, 2017 (2 years)

**Main Responsibilities:**

- Logging vital signs is a staple responsibility.
- Taking, developing, and, sometimes interpreting, radiographs and tests.
- Using and maintaining technical equipment effectively and/or assisting physicians during procedures.
- Responsible for overseeing follow-through on doctor's orders, from making sure medications are given to checking on completion and results of diagnostic tests which are ordered.
- Provide patient and family education.

**Nurse Aide****Emergency Room/Wards**

Veterans Regional Hospital (Nueva Vizcaya, Philippines)

Hospital No. of Beds: 500

March 25, 2009 – June 30, 2009 (3 mos.)

**Main Responsibilities:**

- Provides for activities of daily living by assisting with serving meals, feeding patients as necessary; ambulating, turning, and positioning patients, etc.
- Provides adjunct care by administering enemas, douches, nonsterile dressings, surgical preps, ice packs, heat treatments, Sitz and therapeutic baths; applying restraints.
- Provides patients' personal hygiene by giving bedpans, urinals, baths, backrubs, shampoos, and shaves; assisting with travel to the bathroom; helping with showers and baths.
- Maintains patient stability by checking vital signs and weight; testing urine; recording intake and output information.
- Provides patient comfort by utilizing resources and materials; transporting patients; answering patients' call lights and requests; reporting observations of the patient to nursing supervisor.
- Documents actions by completing forms, reports, logs, and records.

## **EDUCATION**

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### **Bachelor of Science in Nursing PLT College Incorporated**

Bayombong, Nueva Vizcaya, Philippines  
Graduated March 31, 2012

### **Certificate in Nursing Assistant Aldersgate College**

Nueva Vizcaya, Philippines  
Graduated April 5, 2008

## **TRAINING**

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### **Basic Life Support (BLS)**

Educational Plus Consultancy  
King Hamad University Hospital, Busaiteen, Bahrain  
August 13, 2023 - August 2025

### **Advance Cardiovascular Life Support**

Medtigo Online Training  
October 14, 2023 - April 12, 2024

### **Association of Nursing Service Administrators of the Philippines**

PLTCI, Inc. Luis A. Tiam Medical Center,  
Nueva Vizcaya, Philippines  
Date: March 24, 25 & 26, 2017

### **"Latest Innovations on Philippine Nurses Association and their Impact to Quality Health Care"**

University of La Salette  
Santiago City, Philippines  
Date: March 14, 2010

### **Solano High School Medical / Dental Mission**

Nueva Vizcaya, Philippines  
Date: November 05, 2008

### **Disaster Response Team Training**

Aldersgate College,  
Solano, Nueva Vizcaya, Philippines  
Date: December 27, 28, 29 & 30, 2007

## **REFERENCES**

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Per request.