

ASNA UMAPATHI

Registered Staff Nurse

Compassionate and DOH-licensed Registered Nurse with over seven years of clinical experience across medical-surgical wards, operation theatre, and homecare settings in the UAE and India. Skilled in delivering patient-centered care, managing high-acuity cases, and responding effectively to emergencies. Adept at collaborating with multidisciplinary teams to ensure safety, comfort, and positive health outcomes. Proficient in patient education, clinical documentation, and adhering to infection control protocols. Committed to continuous learning and excellence in nursing practice.



✉ asna.farooq7869@gmail.com

☎ +971 54 246 3933

📍 Abu Dhabi, UAE

🔗 LinkedIn

WORK EXPERIENCE

Registered Nurse – Medical Surgical Ward

Medeor Hospital

05/2024 – Present

Al Falah, Abu Dhabi

Key Duties and Responsibilities

- Provide comprehensive nursing care to patients with diverse medical and surgical conditions.
- Monitor vital signs, administer medications, and manage intravenous therapies.
- Assist in pre-operative and post-operative care, including wound management and pain control.
- Collaborate with physicians and multidisciplinary teams to develop and implement care plans.
- Maintain accurate patient records and ensure compliance with hospital policies.
- Educate patients and families on disease management, medication, and lifestyle modifications.

Nurse – Homecare Division

Via Medica International Healthcare

01/2023 – 05/2024

Abu Dhabi, UAE

Key Duties and Responsibilities

- Delivered personalized nursing care to patients in home settings, ensuring comfort and safety.
- Performed clinical assessments, monitored chronic conditions, and administered prescribed treatments.
- Managed tracheostomy suctioning, catheterization, and oxygen therapy.
- Provided wound care, medication administration, and nutritional support.
- Educated caregivers and family members on patient care and emergency protocols.
- Documented patient progress and coordinated with healthcare providers for continuity of care.

Nurse – Medical Surgical Ward

Kauvery Hospital

01/2019 – 07/2022

Chennai, India

Key Duties and Responsibilities

- Cared for patients with acute and chronic illnesses in a high-volume medical-surgical unit.
- Conducted hemodynamic monitoring, ECG interpretation, and glucose monitoring.
- Assisted in procedures such as ICD insertion, CPR, and blood product administration.
- Administered medications and monitored for adverse reactions.
- Implemented isolation techniques and infection control measures.
- Supported patients and families through education and emotional reassurance.

Nurse – Operation Theatre

MIOT Hospital

01/2017 – 01/2019

Chennai, India

Key Duties and Responsibilities

- Prepared operating rooms and ensured availability of surgical instruments and supplies.
- Assisted surgeons and anesthesia teams during surgical procedures.
- Maintained sterile fields and adhered to aseptic techniques.
- Monitored patients during recovery and managed post-operative complications.
- Coordinated with nursing and support staff for efficient patient flow.
- Documented surgical procedures and patient responses accurately.

EDUCATION

BSc Nursing – 70%

MIOT College of Nursing, Chennai, India | 01/2017

SSLC – 91%

HSC – 68%

CONFERENCES, TRAINING & PROJECTS

Conference on Endocrine System, Mohammed Sathak AJ College

Seminar on HIPEC Surgery Chemotherapy, MIOT Hospitals

Research: Descriptive study on knowledge of chemotherapy among patients receiving chemotherapy

Dengue Camp, Polichalur Locality

Vitamin A Prophylaxis Control Program, Valasaravakkam

School Health Program, Porur – Vaccination Camps

Government and Private Schools Awareness Program – Menstrual Hygiene for School Students

Worm Infestation Awareness Program, Alandur Primary Health Centre

Dishoomdishoom Program – Prevent and Control Diabetes Mellitus

EQUIPMENT USED

Emergency trolley | Intubation tray | Cardiac monitors | Infusion pump | Syringe pump | BP apparatus | Ambu bag | Nebulizer | Glucometer | Pulse oximeter | Oxygen cylinder | Warmer | Ventilator | ECG machine

CORE COMPETENCIES

Critical thinking and clinical judgment | Effective communication and interpersonal skills | Time management and prioritization | Team collaboration and coordination | Attention to detail and accuracy | Empathy and compassionate care | Stress tolerance and adaptability | Problem-solving and decision-making | Cultural competence and diversity awareness | Ethical and professional conduct

PROFESSIONAL SKILLS

Medical records management and documentation | HAAD Registered Nurse License (GN65288, 188464) | Basic Life Support (CPR and AED) | Laboratory result interpretation | Patient assessment and monitoring | Medication calculation and administration | Infection control and universal precautions | Electronic medical records (EMR) proficiency | Wound care and dressing | Patient and family education

FUNCTIONAL RESPONSIBILITIES

GCS monitoring
Providing basic nursing care to patients
Hemodynamic monitoring
Tracheostomy suctioning
IV cannula insertion
Urinary catheterization
Calculation and administration of drugs
Initiation and maintenance of O2 therapy
Isolation technique and universal precautions
Administration of blood and blood products
Assisted in ICD insertion, CPR
Pre- and post-operative care of patients
RBS monitoring
ECG monitoring

LICENSURE DETAILS

HAAD Registered Nurse License: GN65288, 188464

PERSONAL INFORMATION

Date of Birth: 17/07/1996

Gender: Female

Nationality: Indian

Marital Status: Single

Languages: Tamil, English, Hindi, Urdu, Malayalam, Arabic (Primary Level)