



# MRUTHULA K K

DHA Licensed Registered Nurse | Surgical ICU & Critical Care Specialist

DHA ID: 12126662

I am a DHA-licensed Registered Nurse with over two years of hands-on experience in high-acuity surgical environments, from government hospitals to superspecialty facilities. I bring genuine compassion to the bedside while managing ventilated patients, interpreting hemodynamic data, and responding to codes with precision. My approach combines clinical vigilance with clear communication, ensuring that patients, families, and multidisciplinary teams stay aligned. Fully compliant with DHA and NABH standards, I am immediately available to contribute to Dubai's healthcare sector.

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📍 Dubai, UAE

## CORE COMPETENCIES

Surgical ICU & Critical Care Nursing Mechanical Ventilation (Invasive, BiPAP, CPAP) Infection Prevention & Clinical Governance  
Hemodynamic Monitoring (Arterial Line, CVP, ECG) Code Blue & ACLS-Guided Resuscitation Multidisciplinary Team Coordination  
Post-Anesthesia Care (PACU) & Surgical Recovery Vasoactive Infusion & Sepsis Protocol Management

## PROFESSIONAL EXPERIENCE

### Staff Nurse – Surgical ICU (Acting Team Lead Responsibilities)

#### KIMS AlShifa Superspecialty Hospital

October 2024 – Present

Malappuram, India

##### Duties and Responsibilities

- Manage care for critically ill post-operative patients in a high-acuity Surgical ICU, including those on mechanical ventilation and continuous hemodynamic monitoring.
- Operate invasive and non-invasive ventilators (BiPAP, CPAP) following physician directives, adjusting parameters based on arterial blood gas analysis and patient response.
- Administer vasoactive infusions, sedatives, analgesics, and blood products while monitoring for adverse reactions and maintaining titration protocols.
- Respond immediately to Code Blue and rapid deterioration events, leading bedside resuscitation efforts under ACLS guidelines until physician arrival.
- Maintain accurate electronic documentation in compliance with hospital policies and DHA standards, ensuring continuity across shift handovers.
- Coordinate shift activities, prioritize patient assignments, and provide guidance to junior nursing staff, acting as a clinical resource.

### Staff Nurse – Post-Surgical Ward & ICU

#### Taluk Headquarters Hospital

September 2023 – September 2024

Malappuram, India

##### Duties and Responsibilities

- Delivered patient-centered nursing care in a high-volume government hospital, managing diverse surgical cases from pre-operative preparation through post-operative recovery.
- Monitored vital signs, level of consciousness, and surgical wound sites to detect early signs of complications such as hemorrhage, infection, or respiratory distress.
- Performed comprehensive wound care, drain management, indwelling catheter care, and multimodal pain interventions to promote healing and comfort.
- Educated patients and families on treatment plans, recovery milestones, and discharge instructions, addressing cultural and language needs in Malayalam, Hindi, and English.
- Maintained clear, timely nursing documentation and conducted structured shift handovers to ensure seamless care transitions.
- Enforced infection control and patient safety protocols aligned with NABH and international best practices, reducing surgical site infection risks.

## EDUCATION

### Bachelor of Science in Nursing (B.Sc. Nursing)

College of Nursing, EMS Memorial Co-operative Hospital and Research Centre, Perinthalmanna  
Affiliated to Kerala University of Health Sciences (KUHS)

## CERTIFICATIONS & LICENSURE

- DHA License – Dubai Health Authority: Registered Nurse | DHA ID: 12126662 | Active
- Kerala NMC Registration – Kerala Nurses and Midwives Council | Reg. No.: KL03202302963
- ACLS – Advanced Cardiovascular Life Support | Valid until April 2027
- BLS – Basic Life Support | Valid until April 2027

## PROFESSIONAL SKILLS

### Clinical & Technical

- Mechanical ventilation management (invasive, BiPAP, CPAP)
- Hemodynamic monitoring (arterial line, CVP, 5-lead ECG)
- Code Blue response, defibrillation, and CPR (ACLS/BLS)
- Intubation assistance and tracheostomy care
- Central venous line handling and dressing
- IV therapy, medication reconciliation, and TPN administration
- Blood transfusion and vasoactive infusion titration
- Electronic Medical Records (EMR) and DHA-compliant documentation

### Non-Clinical & Leadership

- Shift coordination and patient prioritization
- Junior nursing staff preceptorship
- Interdisciplinary collaboration (intensivists, surgeons, anesthetists)
- Patient and family education with cultural sensitivity
- Clinical communication and critical thinking under pressure
- Infection prevention and control (IPC) leadership

## LANGUAGES

English



Hindi



Malayalam



## VISA & AVAILABILITY

- Visa Status: UAE Visit Visa (active)
- Available for Immediate Joining

## DECLARATION

I hereby declare that all the information furnished above is true and correct to the best of my knowledge and belief.