



Licensed HealthCare Professional

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Email

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Address

DUBAI U.A.E

Education

2025-2026

**1 YEAR DIPLOMA:
AESTHETIC ADVANCE BEAUTY
THERAPIST (CONTINUE)**

CIDESCO SWITZERLAND

2024:

**1 YEAR DIPLOMA:
AESTHETIC BEAUTY THERAPIST**
MIRRORS INSTITUTE OF AESTHETIC
U.A.E

2020:

**MASTERS IN EDUCATION:
(Advance psychology)**

KARACHI UNIVERSITY
PAKISTAN

2018:

**BACHELOR IN EDUCATION
(Psychology)**

KARACHI UNIVERSITY
PAKISTAN

Expertise

LASER HAIR REMOVAL:

[Nd-YAG , Diode, Suprano,
Candela , Alexandrite]

ADVANCED LASER DERMATOLOGY,
AESTHETIC TREATMENT:

[Er-YAG,HIFU,Ultrasound ,RF,Lymph
Drainage, Micro-needling, CO2,
PRP,Ablative, Non-Ablative, Tattoo
Removal Q-Switch]

AESTHETIC FACIAL And BODY
TREATMENT:

[High frequency, Hydra Facial
Pro, Galvanic, Vacuum, Infra-Red
EMS, G5, Micro-Current, Micro-
Dermabrasion]

FAHMIDA FAHAD

MEDICAL AESTHETIC PROFESSIONAL

Highly capable of handling clinical aesthetic procedures, laser treatments, and advanced facial and body Therapies while maintaining safety, precision, and excellent patient communication. and ensuring smooth treatment workflow in busy clinical environments. Known for maintaining high treatment standards, accurate skin assessments, and a consistent commitment to patient comfort, safety, and clinic hygiene.

CERTIFICATION

○ 2025-2026

CIDESCO SCHOOL (MIRRORS INSTITUTE OF AESTHETIC DXB)

1- AESTHETIC BEAUTY THERAPIST:

CIDESCO Aesthetic Beauty Therapy Diploma – Ongoing (Expected Completion: June 2026)

In Progress- Internship going on All advance Face and body Aesthetic treatments/Therapies with Machines client safety and clinic protocols

2026

○ **VILAFORTUNY AESTHETIC LASER CENTRE DXB**

2- LASER TECHNICIAN:

Internationally Certified Laser Technician, Specialized in Laser Hair Removal AND IPL.

2026

MIRRORS INSTITUTE OF AESTHETIC: (DXB)

3- LASH LIFT & BROW TECHNICIAN

Skilled in keratin lash lifting and tinting, and proficient in advanced brow shading and professional brow tint techniques for refined and long-lasting enhancement.

○ 2024-2025

OXYDERM AESTHETIC COSMOTOLOGY MEDICAL CENTER

(UK/PAK)

4- MEDICAL AESTHETIC PROCEDURE:

Skilled in advanced aesthetic procedures including Botox, PRP, PRGF (Face and Body), Meso-therapy, Micro-needling, IV Therapies and Laser-Aesthetic treatments, with expertise in client assessment, treatment planning, and post-care management for optimal results.

EXPERIENCE

JAN2024-JAN2025

ASSISTANT AESTHETIC Dr. PHYSICIAN

Worked as a Dermatologist Assistant performing and assisting in medical aesthetic procedures including Botox, PRP therapy, mesotherapy, microneedling, chemical peels, IPL and laser treatments, as well as brow shading, eyebrow tinting, eyelash tinting and keratin lash lifting, ensuring client safety, proper treatment protocols, and post-procedure care.

Language

URDU
ENGLISH

SKILLS

Professional Behaviour &
Communication Skills

Cosmetology & Body Therapy
Skills

Clinical Support & Patient Care
Skills

Laser & Energy-Based Device
Skills

Aesthetic & Clinical Treatment
Skills

PERSONAL DEVELOPMENT INTEREST

Skin Health Research:

- Reading dermatology articles
- Understanding skin conditions & treatment outcomes
- Staying updated with global skincare trends

Professional Networking

- Engaging with aesthetic communities
- Attending beauty expos, laser events, conferences

Dermal Pharmacology

- Topical active ingredients
- Dermatology-prescribed skincare
- Mechanism of action of acids, retinoids, antioxidants

Experience

JAN 2026 ONWARDS

INTERNSHIP (AESTHETIC BEAUTY THERAPIST)

Completing internship as an Aesthetic Beauty Therapist, gaining hands-on experience in skincare treatments, facial Electro- Therapies, Body contouring and Slimming Machines Electro- Therapies Procedure , Hair removal techniques (waxing, IPL, laser), Brow shading and Tinting, Eyelash Tinting and Lifting, and supporting clients with personalized skin and beauty care plans Making daily CALL LOGS under Senior Doctors and Professional supervision.

REFERENCE

Dr. NUDRAT KHAN (OXYDERM UK/PAK)
EDUCATOR/INSTRUCTOR
AESTHETIC PHYSICIAN
COSMOTOLOGIST (UK)

Dr. SUNEETHA (MIRRORS U.A.E)
EDUCATOR/INSTRUCTOR
AESTHETIC PHYSICIAN

Dr. SANDRA (MIRRORS U.A.E)
EDUCATOR/INSTRUCTOR
AESTHETIC TREATMENTS TRAINER