



SAJA SULAIMAN

Physiotherapist

KAPC Reg No:5502

Data Flow Reference No:N006-251120-20001



+97333914940, +91 7559959863



+97333914940



Qudaibiya



06/10/1999



sajasulaimansn@gmail.com

OBJECTIVE

A dedicated and compassionate Physiotherapist with 2 years of experience in assessing, diagnosing, and treating a diverse range of musculoskeletal, neurological, and pediatric conditions. Proven ability to collaborate with multidisciplinary teams to achieve optimal patient outcomes. Passionate about continuous professional development and staying current with the latest physiotherapy practices and techniques.

WORK EXPERIENCE

Hearing Plus Rehab Center, Koyilandy

Physiotherapist

[18 Oct 2024 - 20 Dec 2025]

- Provide rehabilitation services for patients with neurological and musculoskeletal disorders.
- implementing individualised treatment plans to improve mobility strength and overall physical function
- Monitor and record patient progression regularly making necessary adjustments to treatment plans as required
- Work closely with multidisciplinary team to ensure comprehensive care
- Promote and participate in community outreach activities to enhance physiotherapy awareness
- Educate patients on home exercises program and therapeutic interventions

GMC Ortho Hospital, Calicut

Physiotherapist

[15 Oct 2023 - 15 Oct 2024]

- Provided rehabilitation of different musculoskeletal diseases and injuries.
- Conduct patient assessments and develop individualised treatment plans.
- Implement evidence based physiotherapy interventions to optimize patient recovery.
- Delivered evidence-based physiotherapy treatment for post-operative ortho patients (ACL reconstruction, TKR/THR, rotator cuff repair, fractures, arthroscopy cases).
- Managed acute and chronic sports injuries including ligament sprains, tendonitis, shoulder injuries, and overuse conditions.
- Handled various electrotherapy modalities.
- Management of physiotherapy department.

SKILLS

- Pain management
- Strong communication skill
- Therapeutic assessment
- Orthopedic rehabilitation
- Neurorehabilitation
- Sports rehabilitation
- Manual therapy
- Stroke rehabilitation
- Pediatric rehabilitation
- Time management
- Team work
- Medical equipment handling

EDUCATION

JDT Islam College Of Physiotherapy

Calicut

Bachelor of physiotherapy

NHSS, Nochad

Higher Secondary

LANGUAGE

- English
- Malayalam
- Arabic
- Hindi

INTERNSHIP

IQRAA Community Clinic, Kallai

- Got work experience from orthopedic and neurology departments.

IQRAA International Hospital And Research Centre, Calicut

- Got work experience from Orthopedic, Neurology and PMR departments MICU, NICU, CICU and Cathlab.

Elite Mission Hospital, Trissur

- Got work experience in Orthopedic, Sports and Neurology department NICU MICU.

CONFERENCE AND CERTIFICATES

- 1st International Conference on Movement Science and Manual Therapy 2023
- Integrated approach on Stroke Rehabilitation, Conventional and Robotics
- Knee and ankle special test before planning Rehab/Basic technics in Sports Tapping
- Therapeutic taping
- Motor Relearning program in stroke Rehabilitation
- Arthrocon 2024 Update Knee Arthroplasty IKOF
- Arthrocon 2024 International Shoulder Symposium IKOF

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