



ROSHNI CYNTHIA PEREIRA

Registered Staff Nurse

Compassionate and detail-oriented Registered Staff Nurse with over 3 years and 9 months of clinical experience in Medical Intensive Care Units. Proficient in managing critically ill patients, administering medication, and performing life-saving procedures. Demonstrated success in improving patient outcomes, reducing hospital stay times, and maintaining high standards of infection control and patient safety. Fluent in multiple languages and equipped with strong communication and critical thinking skills, ready to contribute to global healthcare environments.

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📍 Dubai South, UAE

CORE COMPETENCIES

Critical Care Nursing

Patient Assessment & Monitoring

Emergency Response & Life Support

Medication Administration

Patient Safety and Infection Control

Clinical Documentation and Reporting

Care Coordination and Communication

WORK EXPERIENCE

Staff Nurse – Medical Intensive Care Unit

KMC Hospital, Mangaluru, India

November 2022 – September 2025

- Provided critical care to patients with life-threatening conditions requiring advanced monitoring and support.
- Administered medications and IV fluids, ensuring compliance with safety and dosage protocols.
- Performed emergency interventions including CPR and intubation with precision and coordination.
- Monitored and documented patient vitals, clinical progress, and treatment responses regularly.
- Collaborated with multidisciplinary teams to ensure holistic patient care and smooth unit operations.
- Educated patients and families about care plans, post-discharge instructions, and health maintenance.

Staff Nurse – Medical Intensive Care Unit

Father Muller Medical College Hospital, Mangaluru, India

February 2021 – March 2022

- Conducted ongoing assessments and administered emergency care to critically ill patients.
- Supported advanced procedures including arterial line care, suctioning, and tracheostomy management.
- Ensured strict compliance with infection control protocols and patient safety guidelines.
- Managed patient admission, discharge, and transfer processes with accuracy and compassion.
- Maintained complete and accurate clinical records, making diagnostic results available promptly.
- Assisted in end-of-life care and provided emotional support to families during critical times.

ACHIEVEMENTS

- Maintained a 95% patient satisfaction rate through empathetic and effective nursing care.
- Contributed to reducing patient recovery time by 20% through early mobilization and care optimization.
- Ensured 100% accuracy in medication administration, resulting in zero medication errors.
- Reduced incidence of hospital-acquired infections by 15% through diligent infection control measures.
- Improved ICU efficiency by reducing admission and discharge delays by 30%.

EQUIPMENT HANDLED

Defibrillator, ECG Machine, Infusion Pumps, Syringe Pumps, Suction Devices, Pulse Oximeter, CPAP/BIPAP Machines, Nebulizer, Laryngoscope

EDUCATION

Bachelor of Science in Nursing

Father Muller College of Nursing, Karnataka, India – 2020

Pre-Degree (Science)

Pompeii Pre-University College, Karnataka, India – 2016

SSLC

Holy Family English Medium High School, Karnataka, India – 2014

CERTIFICATIONS

- Dubai Health Authority (DHA) License – Unique ID: 01182414
- Karnataka State Nursing Council – Reg No: 109244 (Issued: 19/01/2021)
- Basic Life Support (BLS)

PROFESSIONAL SKILLS

- Clinical Judgment and Decision-Making
- Patient Communication and Counseling
- Time Management and Prioritization
- Emotional Resilience and Teamwork
- Accurate Documentation and Reporting
- Emergency Readiness and Quick Response

LANGUAGES

- English
- Hindi
- Kannada
- Konkani

ADDITIONAL INFORMATION

- Nationality: Indian
- Date of Birth: 30 January 1999
- Gender: Female
- Marital Status: Single
- Passport No: U2654686 (Expiry: 12/01/2031)