

# Mahmoud Wael Sadeq *Physiotherapy*

✉ mahmoodsadek2026@gmail.com

☎ 0564577709

♂ Male

📍 Dubai, UAE

🇪🇬 Egyptian

👤 Single

## Profile

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DHA Eligibility Letter holder | Physiotherapist with a strong background in musculoskeletal rehabilitation and additional specialization in pediatric physiotherapy. Experienced in patient assessment, treatment planning, pain management, and functional rehabilitation across different age groups and clinical settings.

## Education

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09/2018 – 06/2022

**Bachelor's Degree in Physiotherapy**

Palestine

*Islamic University*

09/2022 – 08/2023

**Physiotherapy Mandatory Internship (Residency) in Physiotherapy – Ministry of Health, HR Development**

Palestine

*Ministry of Health, HR Development*

Training was conducted across multiple departments, including Orthopedics, Neurology, Internal Medicine, Pediatrics, General Surgery, Burn Unit, Intensive Care, Cardiology, and Thoracic Surgery.

10/2022

**Educational and Training Course in Healthy Nutrition – Directorate of Education**

Gaza, Palestine

*Directorate of Education*

Training Course in Healthy Nutrition – 40 hours, successfully completed with a “Very Good” grade and certification awarded.

2022

**Educational and Training Course in Cupping Therapy**

Palestine

*Shams Academy For Development*

24-hour course, successfully completed.

03/2023

**Educational and Training Course on Clinical Research**

Palestine

*Nuseirat Rehabilitation and Social Training Association in partnership with Nasser Medical Complex*

24-hour course, successfully completed.

## Professional Experience

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02/2024 – 01/2026

**Physiotherapy Specialist**

Cairo, Egypt

*AL HAYA Center for Physical Therapy*

- Assessed and treated patients across different age groups with neurological, musculoskeletal, and developmental conditions.
- Developed and implemented individualized treatment plans based on functional assessments and clinical evaluations.
- Applied neurodevelopmental treatment (NDT), therapeutic exercises, and functional training techniques.
- Educated patients and caregivers on home exercise programs, positioning, and daily activity modifications.
- Monitored patient progress and adjusted treatment plans to optimize functional outcomes

11/2024 – 01/2025  
Cairo / Egypt

### **Pediatric physiotherapist**

*Nidaa Foundation*

" part time "

- Provided physiotherapy interventions for children with hearing and visual impairments.
- Conducted functional and developmental assessments to identify physical and motor challenges.
- Designed and implemented individualized treatment programs to enhance balance, coordination, mobility, and sensory integration.
- Worked closely with a multidisciplinary team to support children's functional independence and participation in daily activities.
- Educated caregivers on home-based exercises and strategies to support motor development.

09/2023 – 02/2024  
Rafah, Palestine

### **Physiotherapy Specialist**

*Makkah Physiotherapy Center*

- Provided physiotherapy care for orthopedic and neurological conditions.
- Conducted one-on-one treatment sessions focused on functional recovery and pain management.
- Implemented rehabilitation protocols including therapeutic exercises and manual therapy.
- Maintained accurate clinical documentation, progress notes, and patient reports.

03/2024 – 12/2025  
Cairo, Egypt

### **Physiotherapy Specialist**

*Independent Physiotherapist*

- Delivered private physiotherapy services in both home-based and clinical settings.
- Treated orthopedic and neurological conditions such as low back pain, neck pain, post-injury rehabilitation, and muscle imbalances.
- Utilized manual therapy, therapeutic exercises, kinesio taping, and pain management techniques.
- Designed long-term rehabilitation programs and followed up on patient progress and outcomes.

## **Certificates**

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### **Healthcare Professional Registration Certificate**

Dubai Health Authority , United Arab Emirates.

### **Physiotherapist Practice License**

Ministry of Health, Palestine

### **Physiotherapist Practice License**

Ministry of Health and Population, Egypt

### **Certificate of Healthy Nutrition**

### **Certificate of Clinical Research**

### **Certificate of Cupping Therapy**

### **Certificate of Spine Rehabilitation - New Concepts for Spine Disorders**

### **Certificate of Kinesio Taping**

## **Courses**

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03/2023

Gaza, Palestine

### **Basic Life Support**

*Palestinian Nursing Association*

11/2022 – 11/2022

Khan Younis, Palestine

### **Kinesio Taping Course**

*Al-Zaytoonah University College for Science and Development*

Cairo, Egypt

### **Spine Rehabilitation**

*General Physical Therapy Syndicate*

## Languages

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- Arabic

- English