

AMINA M. A

Registered Nurse

Dedicated and compassionate Registered Nurse with over five years of hands-on clinical experience across hospital and clinic settings in the UAE and India. Highly skilled in delivering safe, patient-centered care in fast-paced and high-pressure environments. Known for maintaining composure in critical situations, demonstrating sound clinical judgment, and building trust with patients and families through clear communication and empathy. Experienced in multidisciplinary collaboration, care planning, patient education, and adherence to international healthcare standards.



✉ amizamina449@gmail.com

☎ +971 52 173 9904

📍 Sharjah, United Arab Emirates

CORE COMPETENCIES

Patient-Centered Care

Clinical Assessment & Monitoring

Medication Administration

Care Planning & Documentation

Emergency & Acute Care Support

Infection Control & Safety Protocols

Multidisciplinary Team Collaboration

WORK EXPERIENCE

Registered Nurse

Family Star Medical Center - Sharjah, UAE

April 2025 – Aug 2025

Achievements/Tasks

- Deliver comprehensive nursing care to patients across various age groups in an outpatient clinical setting.
- Conduct patient assessments, record vital signs, and monitor ongoing health conditions to support accurate clinical decisions.
- Develop and implement individualized nursing care plans in collaboration with physicians and healthcare teams.
- Administer medications and treatments in compliance with physician orders and safety protocols.
- Educate patients and families on treatment plans, medications, and preventive healthcare practices.
- Maintain accurate and timely medical documentation in accordance with clinic and regulatory standards.

Registered Nurse

Life Care Clinic - Kerala, India

January 2024 – February 2025

Achievements/Tasks

- Assisted physicians with routine examinations, diagnostic tests, and minor medical procedures.
- Monitored patient conditions closely, identifying and reporting any signs of deterioration promptly.
- Managed patient admissions and discharges, ensuring continuity of care through proper instructions and follow-ups.
- Provided medication administration and post-treatment care while ensuring patient comfort and safety.
- Participated in quality improvement initiatives to enhance nursing standards and patient outcomes.
- Maintained detailed patient records and ensured compliance with clinic policies and healthcare regulations.

Registered Nurse

Saudi German Hospital - Sharjah, UAE

October 2022 – April 2023

Achievements/Tasks

- Provided direct patient care in a tertiary hospital environment, supporting both medical and nursing teams.
- Assisted in patient monitoring, vital sign assessments, and routine nursing procedures.
- Ensured strict adherence to infection control and hospital safety guidelines.
- Supported patient mobility, hygiene, and comfort while maintaining dignity and care standards.
- Collaborated effectively with multidisciplinary teams to ensure seamless patient care delivery.

Registered Nurse

Arafa Medical Mission Hospital - Kerala, India

January 2020 – May 2022

Achievements/Tasks

- Delivered bedside nursing care to patients in medical wards under physician supervision.
- Performed patient assessments, documented observations, and reported changes in patient conditions.

- Administered medications and assisted with treatment procedures as per clinical protocols.
- Provided emotional support and health education to patients and their families.
- Maintained cleanliness, safety, and infection control measures within the ward environment.
- Supported senior nursing staff in daily operations and patient management activities.

EDUCATION

Bachelor of Science in Nursing

Kerala University – Kerala, India | June 2015 – June 2019

Higher Secondary Education

Kerala Higher Secondary Education Board – Kerala, India | June 2013 – May 2015

PROFESSIONAL SKILLS

- Patient Care & Safety
- General Medicine & Basic Surgical Support
- Interpersonal & Communication Skills
- Teamwork & Coordination
- Leadership & Accountability
- Adaptability in High-Stress Environments
- Clinical Documentation
- Problem Solving & Decision Making

LANGUAGES

- English - Very Good
- Hindi - Good
- Arabic - Beginner

