



SHAHINA ABBAS MM

PHYSIOTHERAPIST

Details

Muyippoth Mannil (Ho), Muyippoth (Po)
Meppayur (Via), Kozhikode, Pin: 673524

38123007 +919497212211

shahinaabbas458@gmail.com

DOB : 22/09/1993

Education

Bachelor of Physiotherapy

JDT Islam College of Physiotherapy
2016 - 2021

HIGHER SECONDARY

Ansar Junior College, Vadakara
2009 - 2011

SSLC

Meppayur Salafi H. School, Kuluppa
2008 - 2009

Languages

- English
- Malayalam
- Arabic (Read and write)

Professional Skills

- Pain management
- Strong communication skill
- Therapeutic assessment
- orthopedic rehabilitation
- Postoperative rehabilitation
- Neurorehabilitation
- Sports rehabilitation
- Manual therapy
- Soft tissue mobilization
- Stroke rehabilitation
- Kinesiology taping
- Pediatric rehabilitation
- ICU management
- Dry Needling

Profile

Dedicated and skilled Physiotherapist with a Bachelor's degree in Physiotherapy and a strong background in providing high-quality patient care. Experienced in assessing, diagnosing, and treating a wide range of musculoskeletal and neurological conditions. Proficient in developing personalized rehabilitation programs and collaborating with multidisciplinary teams to optimize patient recovery and enhance overall well-being. Seeking to leverage expertise in a dynamic healthcare environment to contribute to improving patient outcomes and promoting health and wellness.

Work Experience/Internships

- PHYSIOTHERAPIST | 2022 April - 2024 May
THANAL PHYSIOTHERAPY AND REHABILITATION CENTER
- PHYSIOTHERAPIST | 2024 August - 2025 February
KINESIO PHYSIOTHERAPY REHABILITATION AND SPORTS CLINIC

INTERNSHIP

ASTER MIMS CALICUT | 2021 August - 2021 December

IQRAA PHYSIOTHERAPY AND REHABILITATION CLINIC - KALLAI CALICUT
2022 January - 2022 march

JDT ISLAM COLLEGE OF PHYSIOTHERAPY AND REHABILITATION CENTRE,
VELLIMADUKUNNU

IQRAA INTERNATIONAL HOSPITAL AND RESEARCH CENTER

Career Objective

- Assess and evaluate patients' physical conditions and needs.
- Develop and implement personalized treatment plans to improve mobility and relieve pain.
- Educate patients on injury prevention, rehabilitation techniques, and exercises to continue at home.
- Monitor patient progress and adjust treatment plans as needed.
- Maintain accurate and detailed patient records.
- Collaborate with other healthcare professionals to ensure comprehensive patient care.

Workshops and Certification

- Certificate in Dry needling Therapy (CDNT)-2022
- Certificate in Therapeutic taping (CTT) - 2022
- Certificate in Manual Therapy (CMT) - 2021
- Fellowship in Manual Therapy (FMT) - 2021
- First aid and Act force IMA Vadakara -2021
- Fellowship in Radiology course for physical therapist (FRCPT) Digital teaching in Bangalore (2021-2022)
- Certificate in soft tissue manipulation therapy (CSTMT) -2022

Licenses

- KAPC (Kerala association for physiotherapist's coordination) 2022
Registration No: 6135

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- Reference No: NHRA162395

Research/Projects Undertaken

- Functional Electrical stimulation for upper limb in stroke patients (2021)

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Verification Report

Report Summary	
Applicant Name	MUYIPPOTH MANNIL SHAHINA ABBAS
DataFlow Case Reference	N006-2501-2290373
Client Reference	NHRA162395
Issued To	NATIONAL HEALTH REGULATORY AUTHORITY BUILDING NO. 2420 , ROAD NO. 2831, BLOCK NO. 428 AL-SEEF DISTRICT, MANAMA P.O. BOX 11464, KINGDOM OF BAHRAIN
Issued On	19 FEBRUARY 2025
Passport Number	V5699201
Result	POSITIVE

Report Status Color Reference Table	
Discrepancy	i) The concerned issuing authorities have reported one or more discrepancies in the information provided. ii) Discrepant records found against the concerned Applicant and or an associated Issuing Authority.
Unable To Verify	One or more component(s) could not be verified due to i) An untraceable or unresponsive issuing authority. ii) An unconfirmed affiliation. iii) The documents submitted by the applicant were incomplete.
Positive	The concerned issuing authorities have confirmed that the submitted details are verified.

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Verification Component:Education		
Detail	Information Provided	Information Verified
Institute Name	KERALA UNIVERSITY OF HEALTH SCIENCES	CORRECT
State, Country	KERALA, INDIA	CORRECT
Qualification Attained	BACHELOR OF PHYSIOTHERAPY	CORRECT
Duration Of Program	-	04 YEARS 06 MONTHS
Mode of Study	ACTIVE ENROLLMENT	
Period Of Study	NOT SPECIFIED	NOT DISCLOSED
Conferred Date	MARCH 2021	MARCH 2021 (EXAMINATION DATE)
Current Accreditation Status	-	ACCREDITED
Accreditation Status for Qualification	-	ACCREDITED
Degree/Course is completed	YES	CORRECT
Remarks	Verified.	



Verification Component:Health License		
Detail	Information Provided	Information Verified
Licensing Authority	KERALA ASSOCIATION FOR PHYSIOTHERAPISTS CO ORDINATION	CORRECT
State, Country	KERALA, INDIA	CORRECT
License Attained	LIFE MEMBER AND PHYSIOTHERAPIST	CORRECT
License Number	6135	CORRECT
License Valid From	23 APRIL 2022	CORRECT
License Valid Till	NOT SPECIFIED	TILL DATE
Remarks	Verified	



Verification Component:Good Standing Certificate		
Detail	Information Provided	Information Verified
Licensing Authority	KERALA ASSOCIATION FOR PHYSIOTHERAPISTS CO ORDINATION	CORRECT
State, Country	KERALA, INDIA	CORRECT
Professional Title	REGISTERED PHYSIOTHERAPY PRACTITIONER AND LIFE TIME MEMBER	CORRECT
License Number	6135	CORRECT
Issue Date	17 JANUARY 2025	CORRECT
Document Validity Date	NOT SPECIFIED	16 JULY 2025
Current Status	ACTIVE	CORRECT
Remarks	Verified.	



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Verification Component:Employment 1		
Detail	Information Provided	Information Verified
Name of the Organization	KINESIO PHYSIOTHERAPY REHABILITATION AND SPORTS CLINIC	CORRECT
State, Country	KERALA, INDIA	CORRECT
Designation	PHYSIOTHERAPIST	CORRECT
Start Date	25 AUGUST 2024	CORRECT
End Date	NOT SPECIFIED	31 JANUARY 2025 (TILL DATE)
Remarks	Verified.	



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Verification Component:Employment 2		
Detail	Information Provided	Information Verified
Name of the Organization	NANMA THANAL DIALYSIS AND PHYSIOTHERAPY CENTRE	CORRECT
State, Country	KERALA, INDIA	CORRECT
Designation	PHYSIOTHERAPIST	CORRECT
Start Date	15 APRIL 2022	CORRECT
End Date	10 MAY 2024	CORRECT
Remarks	Verified.	



Verification Component:Cross Check	
Remarks	No Derogatory Records Found



End Of Report

