

MUNAZZAWASEEM

Physiotherapist HCPC-registered 135786

DHA- registered 33705278

Physical therapist with 7 years' of clinical experience to treat and support the variety of patients, interested in moving towards play best role, which includes children suffering from developmental problems, to adults, elderly affected by and recovering from injuries and movement disorders. I have great communication skills, both written and verbal, team work experience. I aspire to work learn and utilize my expertise in a respectable, diverse and distinguishable organization. i have the skills to assess,diagnose and manage MSK problems which support patients , and promote good health and well being.

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Work Experience

Anmol Hospital

Musculoskeletal Physical Therapist

Oct 2016 to continue

- Being a physical therapist evaluate, assess,diagnose and manage problems which support treatment plans for patient care, orthopedic rehabilitation and physical disability either in hospital or in home care.
- Built client trust and consult with patients with rapid and accurate diagnose in management plan.
- Supporting patient evaluation with undifferentiated conditions and audit projects.Worked with multi-disciplinary teams to deliver outstanding care and provide home care treatment also.

Abwa Medical College

Senior PhysicalTherapist/ Lecturer

July 2020 to july 2023

- I have taught basic and specialized physical therapy subjects and served as clinical physical therapist.
- Instructed patients about the exercise therapies for home and deliver programmes of supported patients self management, inform them how to monitor their own progress to facilitate behavioral changes,optimize physical activity and mobility. Set the goals towards independence.

Education

Master in Musculoskeletal Physical Therapy
Institution: The University of Faisalabad Year of Graduation: 2019

Doctor of Physical Therapy
Institution: The University of Faisalabad
Year of Graduation: 2016

Volunteer Work and Certifications

Member of PPTA (Pakistan
Physicaltherapy association)



Demonstrated leadership as a physiotherapist by organizing multiple free camps for deserving patients, providing them with free treatments.

Expertise in work areas:

Orthopedic unit
Neurology unit
Burn unit
Gynecology unit
Postsurgical unit

Main duties were:

- Working as part of a multi-disciplinary team in a patient facing role, using my expert knowledge of MSK issues, to create stronger links for wider MSK services.
- Assessing, diagnosing, triage via patient self-referrals or referrals from a professional within the primary care network.
- Having the responsibility for managing a complex case load (including patients with long term conditions, co-morbidities and multi-factorial needs)..
- Requesting investigations (such as x-rays and blood tests) to facilitate diagnosis .
- Developing an integrated and tailored care program using shared decision making, and provide a range of treatment options, including self management, and specific exercise advice using tools such as Rehab My Patient and Rehab Me.
- Providing learning opportunities for the whole multi- professional team within primary care, confidently liaising with secondary care MSK services, as required, to support the management of patients in primary care.
- Using my professional judgement, taking responsibility for making and justifying decisions in unpredictable situations, and sometimes with contradictory test results or information.
- Evaluating, planning and delivering bespoke physiotherapy plans to meet the needs of individual patients.
Performing routine physical examinations
- Always maintaining a high standard of work and professionalism . Ensuring all patient records are accurate and up to date at all times
- Ensuring all medical documentation is stored correctly and kept confidential. Dealing with medico-legal patients and providing them hands on treatment in clinic.

Relevant Skills:

- Experienced in using different rehabilitation techniques, establish a rapid and accurate diagnosis. Ability to work with patients with the avariety of diagnosis, good communication, organisational and time managment skills.
- Good IT skills with word processing
- Showing tolerance and patience when dealing with patients, relatives and attendants.
- Have experience in the treatment of different MSK prolems and cases (ICU, CCU, NICU, HDU, Peads, Gynae and obs, Orthopaedic,Neurosurgery, Cardiac surgeries)
- Worked with special needs infants and toddlers who are suffering from a variety of medical conditions such as cognitive development delay, low muscle tone, mobility impairment and developmental co-ordination disorder
- Have provided OPD services in rehabilitation department for the treatment of Neuromuscular and Musculoskeletal conditions
- Supported elderly patients to increase their mobility and liaising with the occupational terapists about them.