



# CHALANI NILANKA

REGISTERED NURSE IN SRI LANKA | DHA ELIGIBILITY FOR ASSISTANT NURSE

**Mobile :** +971583003240  
**Email :** chalanika8828@gmail.com  
**Address :** Al Raize Building, Al Nahda 2, Dubai, UAE  
**Indeed :** CHALANI NILANKA

## PROFILE

Dedicated and compassionate Registered Nurse with over 10 years of continuous service in major government hospitals in Sri Lanka, including National Hospital, Galle and General Hospital, Polonnaruwa. Demonstrates extensive hands-on experience in surgical, ophthalmic, medical, out-patient and isolation care settings. Recognized for delivering safe, patient-centered nursing care while maintaining high standards in infection control , emergency response, and post-operative recovery. Currently pursuing a Bsc. in nursing to further enhance clinical knowledge and leadership skills. Proven ability to work effectively in multidisciplinary teams and independently manage complex patient care responsibilities. Passionate about healthcare excellence , lifelong learning, and contributing to both local and international healthcare system.

## PROFESSIONAL EXPERIENCE

### Surgical Nurse

2024 - 2025

#### NATIONAL HOSPITAL, GALLE - SRI LANKA

- Provide holistic pre- operative and post-operative nursing care for patients undergoing major and minor surgical procedures.
- Assist with surgical wound management , pain control, and mobility support during the recovery phase.
- Monitor post-operative complications , including infections, bleeding, and anesthesia side effects, and take immediate nursing action when necessary.
- Prepare patients for surgery including consent verification, hygiene protocols, and fasting confirmation.
- Maintain sterility and proper equipment handling in surgical dressing procedures and minor interventions.
- Provide emotional support and discharge education to patients and families for home-based surgical aftercare.

### Ophthalmology Nurse

2018 - 2023

#### NATIONAL HOSPITAL, GALLE - SRI LANKA

- Provided perioperative care for patients undergoing ophthalmic surgeries including cataract, glaucoma, and retinal procedures.
- Prepared patients for surgery with eye drops, sterile field management, and psychological readiness.
- Assisted ophthalmic surgeons during microsurgeries by managing instruments and maintaining sterile technique.
- Delivered specialized post-operative care including administration of eye medications, monitoring for complications such as increased intraocular pressure, and patient education on eye protection.
- Conducted visual acuity assessments and supported low-vision rehabilitation where necessary.

### Isolation care Nurse

2016 - 2017

#### NATIONAL HOSPITAL, GALLE - SRI LANKA

- Provided specialized nursing care for patients with communicable and infectious diseases including dengue fever, leptospirosis, hepatitis, and respiratory illnesses.
- Strictly implemented infection prevention and control protocols including use of PPE, isolation procedures, and waste management.
- Cared for patients with burn injuries and complex infected wounds requiring specialized dressing techniques.
- Monitored patients for signs of deterioration and coordinated with medical officers for emergency interventions.
- Offered psychological support to isolated patients and ensured proper communication with families under safety protocols.

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dental

- Worked in various OPD clinics including dental, medical, and surgical .
- Assisted dentist with basic procedures like scaling, extractions, and fillings
- Maintained infection control and instrument sterilization according to protocols.
- Educated patients on oral hygiene and post-treatment care.

Plastic surgery clinic

- Assisted in pre-operative and post-operative care for cosmetic and reconstructive surgery patients.
- Maintained a sterile environment and assisted in minor surgical procedures and dressing applications.
- Educated patients on surgical preparation, post-operative care, wound healing, and scar management.
- Supported the surgeon during in-clinic procedures such as mole removal, liposuction, and suturing.
- Managed patient records, obtained informed consent, and maintained strict patient confidentiality.
- Ensured compliance with infection control standards and handled instruments with proper sterilization protocols.

Medical ward Nurse2014 - 2015

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EDUCATION

Diploma in General Nursing & Psychiatric Nursing Training | 2010 - 2013

College of Nursing, Galle, Sri Lanka.

Passed DHA Examination | 2025

Eligible Letter Available

Passed G.C.E. Advanced Level Examination - 2007 (Education Department Sri Lanka)

Passed G.C.E. Ordinary Level Examination - 2004 (Education Department Sri Lanka)

LICENSES AND CERTIFICATIONS

Registered Nursing Officer | October 2017

Sri Lanka Nursing Council Registration No: 13314

Non - Communicable Disease Training Program for Nursing Officers

Basic life support, First Aid programme and disaster management programme American Safty Health Institute and National Hospital, Galle- Sri Lanka.

SKILLS

Patient assessment	Vital signs monitoring	Clinical documentation
Pain Management	Medication Administration	Multitasking
Surgical assistance	Infection control	Computer literacy(MS Office)

PERSONAL INFORMATION

Full Name	-	Thelikada Thuduwage Chalani Nilanka
Date of Birth	-	28 of April, 1988
Gender	-	Female
Passport No	-	N9080930 (Valid until 28/10/2031)
NIC No	-	198861903823

LANGUAGES

English	Sinhala	Hindi
Tamil	Japan	

REFERENCE

Available upon request.

I do hereby declare that the above information is true and accurate to the best of my knowledge .