

# Dr. Hafiza Arfa Tasawar

## General Practitioner

### About Me

Dedicated & compassionate women medical officer & experience in providing top notch patient care. Proven record of excellent clinical management, strong communication skills. Effective teamwork & collaboration skills.

### Expertise Skill

- Trained in ACLS and BLS also get trainings on paediatric life support
- Expert in handling code blues and CPRs in emergency

### Contact Me

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- 🏠 Hoshi Area, Sharjah

### License

- DHA Eligibility Letter
- Pakistan Medical Commission license

### Training & Certificates

- CME Certificate
- chest X-ray interpretation-C.T.congruence and radiological assessment of liver
- International conference reshaping obesity -live bariatric surgery
- IRMNCH department on PSBI, IMNCI, Neonatal resuscitations

### Education

- **BISE LAHORE (2009-2011)**  
**MATRICULATION**  
SOCIETY PUBLIC SCHOOL, MUGHAL PURA, LAHORE
- **PRE MEDICAL (2011-2013)**  
KINNAIRD COLLEGE FOR WOMEN UNIVERSITY LAHORE
- **MBBS (2013-2018)**  
SHALAMAR MEDICAL & DENTAL COLLEGE

### Work Experience

#### Zainab medical center (January 2024 - Feb 2025)

- Worked in gynae and obs department. Did obs n gynae ultrasounds, performed many SVDs and assisted LSCS, hysterectomy and other OT procedures

#### Women Medical Officer (BS-17)

- RHC Khudian Khas (July 2021-July 2023)
- INTEGRATED REPRODUCTIVE MATERNAL NEWBORN & CHILD HEALTH & NUTRITION
- (IRMNCH) PUNJAB

#### House Officer (April 2019- April 2020)

Shalamar Hospital Lahore

##### 1. Gynecology (April 2019-July 2019)

- Under Guidance of Dr. Lubna Riaz (consultant)
- Working experience in Operation Theater, assisted in any surgical procedure and emergencies.

##### 2. Surgery (July 2019- October)

- Under Guidance of Dr. Khawaja Azeem
- Assisted Dr. Maaz-ul-Hassan and Dr. Hammad Naeem Rana in many surgical procedures.
- Performed Open Appendectomy.

##### 3. Cardiology (October 2019-January 2020)

- Under guidance of Dr. Javed Ashraf (MD)
- Working experience in CCU and cardiac emergency.
- Handled Code Blue, performed CPR and hands on experience of Defibrillator.

##### 4. Medicine (January 2020- April 2020)

- Under Guidance of Dr. Haroon Yousaf
- Working in Medicine Emergency and OPD.
- Have performed following procedures efficiently:
- Ascitic Tap, Plural Tap, Pass Foley's & NG tube.

#### Shaukat Khanum Memorial Hospital Lahore

- Elective experience in Shaukat Khanum memorial hospital